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THE COLORADO GRANGER, NOVEMBER-DECEMBER 2020

VOLUME 96, NUMBER 4

Margaret Ellis Named Outstanding Granger Of The Year

This Year's Granger of the Year award goes to a new member. She exemplifies a true Granger at heart — she's faithful to the organization, she has a lot of hope and is most generous with her time and resources. She's friendly, speaking her mind and has many life stories to tell. There is always fun and laughter when she is around because she creates it. Most of you have not had the opportunity to meet this wonderful lady who brings a spark of joy to the activities and events she participates in. One recommendation shared that to know her is to become a part of her family. She is protective, proactive, caring, nurturing, a teacher, a guide and a coach.

She wears her own costumes for everyone from a Revolutionary War era patriot to Mrs. Santa Claus, and brings the characters to life. She's a member of the DAR association and the Sedalia Museum and Gardens. If there's an event, she brings a sheet cake adorned with photos and congratulations. If there's a fundraiser, she's there with pounds of fudge or some other crowd-pleaser. She has persuaded Smoky Bear to appear on occasion. She has made buttons for School faculty, staff and students, and created custom beaded bracelets for some who went the extra mile. She designed and made buttons and T-shirts for many of the events run by the Sedalia Growers.

She and her husband raised nine children and she was an alternate lookout at Devil's Head lookout station. She ensured that visitors had safe and enjoyable experiences, by posting helpful signage, keeping office-bound officials aware of the public needs and even sheltering strangers in her home when suddenly stranded by bad weather.

This year alone she has made over 800 face masks for COVID-19. Some of those masks were made with clear



Outstanding Granger Of The Year Margaret Ellis, Sunflower Grange #162

vinyl so that the deaf could wear a mask and read the lips of others. She has been active in initiating a T-Shirt logo contest for her Grange. She volunteered to help at the Leap for Art community event in Sedalia. She assisted with the Plant sale and attends Grange meetings regularly.

If she hears of someone needing help, she shows up with compassion, calls to listen or brings food. She and her husband are raising their special needs grandson.

The Outstanding Granger this year is Margaret Ellis of Sunflower Grange #162.

Grange Insurance Association Announces Scholarship Program For School Year 2021-2022

Grange Insurance Association (GIA) Chairman of the Board, D. Thomas McKern, is pleased to announce that GIA will again fund 25 scholarships for the 2021-2022 school year, totaling \$33,500. In addition, GIA is honored to award the \$1,000 Paul and Ethel Holter Memorial Scholarship, funded by a gift of Mrs. Holter's estate, and the \$1,000 Dee and Ina McKern Memorial Scholarship, funded by a gift from the McKern family.

Applicants may apply for either an academic or a vocational scholarship. Three of the awards will be for students wishing to pursue vocational studies and 22 awards will be for academic studies. The top winner in each category will receive a \$2,500 award and the remaining winners will receive \$1,000-\$2,000 each.

Eligibility requirements (applicants must meet one of the following):

- 1. Current GIA policyholder (or children of GIA policyholder)
- 2. Children of current GIA company employees
- 3. A previous recipient of a GIA schol-

Please note that children or legal wards of officers, directors or agents of GIA are ineligible.

These scholarships may be used at any institution offering courses leading to a certificate or a degree in a recognized profession or vocation, including: community colleges, business colleges and technical institutes. Vocational scholarships are aimed specifically for those students not pursuing a college diploma, but seeking further education and/or training in a vocation often not covered by more traditional colleges or universities.

The committee will base its awards on the following:

- Complete and legible application Scholastic ability (official grade
- transcript required) Handwritten or typed Essay by Applicant
 - Please tell us about yourself, your family and your future goals
 - Also include any leadership or volunteer-related programs or projects in which you have been involved in high school, in the community, or elsewhere
 - What college, university, or trade school do you plan to attend and how will this scholarship assist

Application deadline is March 1, 2021 (Postmarked). Funds awarded are for the 2021-2022 school year.

Please complete the request form below for an application for a Grange Insurance Association Scholarship.

APPLICATION FORMS CAN ALSO BE DOWNLOADED AT OUR WEBSITE: www.grange.com.

Colorado State Grange EMS And Teacher Award Recipients

Carrie Dunn-Thompson received the Colorado State Grange EMS Award and her nomination will be sent to National Grange. Carrie joined the Fire Department in 1995 in Sedalia, right out of high school, and continues in the department as an EMT/ Paramedic. She has always been eager to learn and serve the community. Carrie keeps an eye on the people of Sedalia, too; if someone is ill, she makes sure they get the treatment they need. As Paramedic Coordinator for Health Outreach Program in downtown Denver, she aids the homeless community there. Sedalia is grateful for Carrie's lifelong commitment to the people of our community and for her work on the front lines during this health crisis.





Emmie Rooney, first grade teacher at Sedalia Elementary, received the Teacher of the Year Award. Her nomination will also be sent to the National Grange. Mrs. Rooney is a Douglas County native and has taught at Sedalia Elementary for over 20 years. She recognizes students' potential and challenges them to do their best and exceed grade level expectations. She also knows how to create memorable learning experiences, like —Dr. Seuss Day-for fun and creativity! Emmie Rooney cares for her students and goes above and beyond to make sure students are getting a great education, as well as feeling loved and

In Memoriam

Paul Joseph Hon

December 11, 1922 -December 16, 2019

Paul Joseph Hon passed away peacefully on December 16, 2019. Paul was born on December 11, 1922, in Englewood, Colorado, the son of the late Joseph MacLeod Hon and Dora E. Gunnels Hon. He served in the United States Navy as a Second Class Gunners Mate aboard the USS Wipple and the USS Navarro. During his military service, he saw action at Okinawa, Guadalcanal, Guam and Yokohama during WWII. After serving in the Navy, Paul worked for Shwayder Brothers Luggage (Samsonite) in Denver and retired after 42 years of service as one of their Lead Industrial Engineers. In addition, Paul was a Lifetime Member of Grandview Grange in Littleton, Colorado, as well as the Colorado State Grange where he held several officer positions. In addition, Paul was a lifetime member of the National Grange in Washington,

Paul is survived by his son William Paul Hon, Santa Fe, New Mexico; grandchildren Jennifer Kate Mariah Trujillo and husband T. J., Santa Fe, New Mexico; and Austin Paul Hon

and wife Stephanie, Austin, Texas; as well as five great-grandchildren. He was preceded in death by his wife of 54 years Evelyn; his son James Dean and his brothers Leonard E., William MacLeod, Arthur G. and George Earl.

Services were delayed due to the Coronavirus outbreak; however, services were held at the Ft. Logan National Cemetery in Englewood, on Monday, August 24, 2020, at 9:30

A special heartfelt thanks to the staff at Casa Pacifica, Santa Fe, New Mexico, for their love, dedication and care during Paul's stay.

In lieu of flowers, memorial contributions may be made to Rosemont Casa Pacifica, 2961 Galisteo, Santa Fe, New Mexico 87505.

Resolutions Passed At State Session

See Page 8 for the Resolutions adopted during the Colorado State Grange Session held via Zoom on September 26, 2020.

GRANGE INSURANCE ASSOCIATION (Seattle, Washington)

NOTICE OF 2021 ANNUAL POLICYHOLDERS' MEETING

The Annual Policyholders' meeting of the Grange Insurance Association will be held on Monday, March 15, 2021 at 10:00 a.m. at Grange Insurance Association, 200 Cedar Street, Seattle, Washington 98121.

This meeting may be moved to a virtual setting as we continue to monitor the pandemic. Please consult our website (www.grange.com) as the meeting approaches for further announcements and potential virtual registration instructions.

All Grange Insurance Association policyholders are welcome to attend.

Signed at Seattle, Washington, this 16th day of September 2020.

Brian AJ. Allen, CPCU, ARM, AFIS, Corporate Secretary GRANGE INSURANCE ASSOCIATION

SCHOLARSHIP COMMITTEE	
GRANGE INSURANCE ASSOCIATION	V

Please send a GIA Scholarship Application to:

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Address:	
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Mail your request to: GRANGE INSURANCE ASSOCIATION Attn: Scholarship Coordinator, P.O. Box 21089, Seattle, WA 98111-3089

Master's Message

Cindy Greer, State Master 7629 CR 100, Hesperus, CO 81316 970-588-3386 • Email: hcrdgreer@frontier.net



I want to thank everyone who participated in our State Grange meeting via ZOOM on September 26. You do realize that you were making history that day. The group did pass four resolutions, three of which will be voted on at National.

We just learned recently that the National convention will also be held via zoom over a two-day period. With all committee meetings being held prior to the convention. This year's convention was to be held in Valley Forge, Pennsylvania, but Pennsylvania

is still limiting groups to 25. During the discussion at the State meeting we got side tracked on the words we use for officers, which prompted me to do some thinking.

In the Grange "Master" refers to the President of the organization and is derived from Old English farm estates where the head of the farm was called the "Master."

The National Grange digest allows for Granges to use President, Vice President, Program Director, and Greeter as alternate terms for offices at least in non-Grange settings. The terms are interchangeable.

The word "Master" has many definitions. The challenge for many of us is to take into consideration the whole definition of the word or any word.

Have you ever given thought about any of the following definitions? A person with a **Master**'s degree has achieved a high level of education.

How many of you have a Master's degree?

A Master electrician, woodworker, cook, bricklayer, or gardener (ETC) is a person who has achieved a level of great understanding in a particular area. They are considered an expert if that particular field.

The **Master** of the Grange or other fraternal organization is one who has a great deal of knowledge about the organization and has the leadership capabilities needed to hold that title.

In the Biblical sense the **Master** is Jesus.

A house has a **Master** bedroom or a **Master** bathroom.

Artists are often considered Masters of their chosen art.

An unmarried young man is considered **Master** John...

Often an original movie, recording or document from which copies can be made is considered "the **master** tape"

One may have mastered a foreign language if you're proficient in some language other than your native language.

If you've overcome a fear or an addiction you've mastered it.

So, in reality the word **Master** has more positive uplifting definitions than

Thinking that the word Master is in reference to only Master of slaves is being selective. How can we expand our view of the word and focus on the positive aspect?

AMERICAN INCOME LIFE OPPORTUNITY OPT-OUT

The Colorado State Grange respects our members privacy rights. It is that time of year again when we will be considering whether to continue with the American Income Life accidental death benefit to members. If you do not want to receive this benefit you must notify the state Grange office by December 1, 2020, in order to be removed from the list that we provide AIL. If you opt out you will not receive the benefit and you will not be contacted by AIL unless you already have other insurance with them.

I				
a member of	Grange #			
Opt out of Amerian Income Life Accidental death benefit.				
Signature:				
Dated:				

Colorado State Grange

2009 CR 31, Florissant, CO 80816; costategrange@gmail.com

Visit the Colorado State Grange website www.coloradogrange.org

Please notify the State Grange Office of any address change.

Because it is 2nd class mail, the Grange is charged 59¢ per address change the post office sends from the Granger mailings.

Email: costategrange@gmail.com Call 719-748-5008 or mail the form below.

FOR THE COLORADO GRANGER MAILING LIST

ADDRESS CHANGE FORM

GRANGE #

ZIP CODE

NAME **OLD ADDRESS**

(IF CHANGE OR DROP)

ZIP CODE PRESENT ADDRESS

(GIVE ROUTE AND BOX NUMBER)

Send to: Colorado State Grange

2009 CR 31, Florissant, CO 80816

Notes From The Secretary

Renee Caldwell, State Secretary 2009 CR 31, Florissant, CO 80816 719-748-5008

Email: costategrange@gmail.com

From The Secretary's **Annual Report**

As we all know this year has been very unprecedented, strange and challenging. However, business at the State Grange Office has carried on, a bit slower, but still carried on.

Membership numbers for the State Grange this year are from the most current count ending August 2018. We have 41 Subordinate Granges with the addition of Sunflower Grange and a total of 1144-initiated members, 9 family groups, and 25 associate members for a total membership of 1192.

There are 3 active Pomona Granges and 2 active Junior Granges. The three largest Granges, using the August 2019 figures, were Golden Gate with 173 members, Mt. Lookout with 63 members and Pikes Peak with 58 members.

The past 5 years, working with the Executive Committee has been great. John Cruz has been the Chairman of the Executive Committee with members: Overseer Gary Wardle, Tom Campion, and Larry Corman. Treasurer Sheryl Ayers along with our President Cindy Greer and myself took on the task of changing banks to a bank



Community Service

Lisa Mittan, **State Director** 4956 W. 66th Ave., Arvada, CO 80003 Email: mittan42@msn.com

Hello Grangers! I want to thank all of you who sent in your Combined Reports, and also the other forms you sent in for the National Grange contests. I really appreciate your efforts with the new combined reporting form. I see that Elizabeth and I will need to make some refinements to make things easier for you. You all did a wonderful job with it though, especially since it was all new for you! We got 8 reports this year, and that is only 3 less than we got last year — and THIS year was significantly more challenging for activities on which you could report!

We also got two submissions for FF/EMS/LEO/Teacher of the year, as Colorado State Grange's entries to National! We got one for EMS and one for Teacher, so we can send them both in, as they are in different categories. Congratulations to Carrie Dunn and Emmie Rooney — our EMS of the year and Teacher of the year!

Before COVID, all the Granges that reported were doing their normal activities — regular meals with and for their communities, drives for food and school supplies, and holiday events (Christmas, Veterans' Day, Valentine's Day). They hosted local civics-based events to discuss legislative issues, such as a proposed repeal of the Gallagher amendment, land and water use and planning concerns, and by civics groups such as the League of Women Voters.

I want to commend all of the Granges, whether or not you sent us a report, for any and all efforts that support education and discussion by and for the residents of your communities on local concerns that involve government at the city and county levels, in addition to concerns involving state level government. It's a very valuable service to your communi-

ties to provide a forum for people to learn about proposed amendments to the Colorado state constitution, and presentations from state government organizations like the Colorado Department of Agriculture. Particularly in a way that allows them to ask questions, hear the questions of others, and have discussions with government representatives and organizers of proposed legislation. It is SO important that people feel informed and empowered to participate in our democratic form of government. Thank you for helping to support that parti-

If we had met for State Session in person, we would have all been able to see the reports from other Granges. We can all still look at the other reports, and I would encourage you all to do that, if you can get online. Send me an email and I will send you the link to be able to look at them. You can get ideas on activities and events from other Granges, and you can also get ideas about how you might like to report on these activities. For those of you who sent pictures and flyers separately, I put them into your reports to make it easier for others to see everything all together. I would really like you all to go look at them they're all really impressive — it was a challenge to choose the best!

First place goes to Animas Valley. They did a ton of stuff, while barely downshifting to mask up. They converted their Speaker Series to Zoom, and included info on grocery store pickups and health topics into their newsletters. They also held Zoom classes, and started a new Share Your Garden program, providing coordination and a hub location to collect the donations and then delivery the food to a food insecure neighborhood.

Granger Deadline And Guidelines

December 15, 2020, is the deadline for articles for the January-February 2021 edition of The Colorado Granger. You can send them to the State Grange Office, 2009 CR 31, Florissant, CO 80816 or email costategrange@gmail.com.

We would appreciate your following these guidelines when writing an article.

Name of Grange

Contact person (with phone number) Upcoming dates

Brief summary of what has been happening at your Grange — DO NOT SEND MINUTES Community Service Projects

In Memoriam (Grangers who have passed away)

Thinking of You

(Grangers who are sick and shut in — include address if they would enjoy cards)

Hats Off (Grangers to be recognized) You're Invited (activities open to nonmembers and visiting Grangers)

Colorado State Grange Website

Larry Corman takes care of the web page for the State Grange. He is requesting that Officers and Directors contact him with updates for their departments. He would like to link the web page of each Grange to the State Grange site. Please contact him to have this done so Grange members and others can easily access your page for information.

Larry Corman: larry_corman@hot mail.com or 970-884-4762.

that is more accessible to us. We have worked hard to continue to organize, understand our finances, and streamline our processes.

It is always a pleasure to work with our officers, Directors and members of each Grange in our efforts keep our Granges active and grow our organization.

Many thanks to the staff at Southeast Denver Graphics and Publication Printers who handle our Granger newspaper needs and to Master, Cindy Greer who helps to edit and proofread all the articles.

2021, being the first year for our newly elected leader in the White House, will have its challenges, so here is hoping that 2021 allows us to open up our Granges and get back to business, but if that continues to challenge us, let's work together to find new ways to share the Grange experience. Let us all have a great Grange Year in 2021.

held a lot of events before COVID. Their chili cookoff and dessert auction raised over \$1,500 and their large community dinner was a luau, with ukuleles and hula dancing. Then, after the lockdown started, they made and donated hundreds of face masks. They converted the Community breakfast to social distancing, with the food plated and individual cups for things like syrup, to avoid self-service. They also did that with other community

Third place goes to Maple Grove. They managed to maintain all of the drives for various things that they've had rolling for multiple years. Their beeping baseballs and bases for the blind go all over the world, and they are still working the Christmas cards for active military personnel all over the world. This is a collaborative effort with other Granges, a Red Hat group, Channel 7 News, and even a nursing home in Washington State whose residents helped write cards.

I also have an Honorable Mention this year, for Mt. Allison. During the worst time of COVID, this past spring, they implemented a Meals on Wheels program on which their members worked very hard. It took a lot of dedication to bring 3 meals per week to 13 people, week in and week out, regardless of weather - from January to June.

I will be mailing out certificates and cash awards soon. Thank you again to everyone! You are quite a fine group of people and I am proud to be associated with you all! I hope you all have a very happy and safe holiday season.

The Colorado Granger

Vol. 96, No. 4 November-December 2020

The Colorado Granger USPS: 123-040 • ISSN: 1094-0022 is printed bi-monthly for 6 issues annually by the COLORADO STATE GRANGE Phone: 719-748-5008 Office of Publications & Editorial Office 2009 CR 31. Florissant, CO 80816 Email: costategrange@gmail.com Periodicals Postage Paid at Florissant, Colorado and additional mailing locations. 50¢ of your annual membership dues pays your "Colorado Granger"

Views and opinions in articles are not to be taken as official expressions of the Colorado State Grange's policy unless so

subscription for one year.

POSTMASTER: Send address change form 3579 to: THE COLORADO GRANGER, 2009 CR 31, Florissant, CO 80816.

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Cindy Greer.....Editor 2009 CR 31, Florissant, CO 80816 Email - costategrange@gmail.com Phone - 719-748-5008 Renee Caldwell......Managing Editor

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> **EXECUTIVE COMMITTEE,** Larry Corman, John Cruz, Tom Campion



Lecturer's Creative And Performing Arts

Elizabeth Hiner, Lecturer and Public Relations Director 970-403-4592

Email: Floridagrange306@yahoo.com Due to the COVID-19 outbreak we had fewer entries for the Star Program

this year. I would like to thank the eight Granges who submitted the Report Forms. We received reports from Animas Valley, Darden Pomona, Florida,

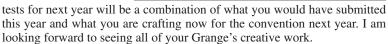


Florissant, Maple Grove, Marvel, Mt. Allison, and Sunflower (our newest Grange). Each of the Granges who submitted the forms received the photo album with a personalized certificate for the star program and a ribbon from Publicity, There is room to add the report forms and other awards from convention this year and for the years to come.

As this is my first year as State Lecturer, it was nice to see the variety of activities the Granges held. From Animas Valley's Speaker Series to Sunflower's plant sale, from Marvel's Luau, to Maple Grove's Christmas Cards

for the Military. Then there was Mt. Allison's Christmas Breakfast to Darden Pomona's Christmas for the Homeless and Florissant's Dinner Concerts to Florida's Free Breakfasts. Each Grange had something special that they did for the Grange and their community. I hope to see what the other Granges around the state are doing as the pandemic restrictions les-

The Lecturer's con-





Family

Idella Lewis and Karen Baxter, State Activities Co-Directors Idella Lewis, 303-274-9390 Email: idellamlewis@gmail.com Karen Baxter, 14857 CR 240, Bayfield, CO 81122 970-259-1595

What a beautiful time of year this is! The beauty of nature is present in the changing colors of the leaves, gorgeous sunsets, and fall harvest of

Even though COVID-19 is slowing us down, there are some things we can do to help others through this difficult time. Some people are staying home and not able to socialize with others. This is not good for people. We need to have interaction with others. One thing that is very simple to do is to call people on the phone. Although it is not the same as being there in person, it is a way of interacting which can bring

smiles to the person you are calling.

This might also be a time to try out some new recipes. Maybe you could learn a new needlework or craft to enter in the next Family Activities event. We must make the best of the situation! Be thankful for the many blessings which we do have!



dor/Young Patron 11) National Grange Youth Leadership Team

It's not too early to start thinking about 2021 and what your youth might be interested in. If you know of anyone who might be interested or would like more information about any of the programs don't hesitate to reach out to us djbngreer@

We really want to encourage everyone to share their thoughts and opinions about how to improve the department to share with us.

Hoping that you have a great fall and a great end of the year.

Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

Matthew 17:20

Junior Grange And Youth

Dan and Jenna Greer, State Directors 970-749-9449 • 970-588-3844 • Email: djbngreer@live.com

Hello again here from wonderful

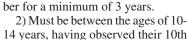
southwest Colorado.

Hunting seasons are in full swing. The fall colors are just amazing and breathtaking! In addition, it's already time to start working on next year's projects for JG and to start thinking about Youth officers and some fun events for our youth this upcoming year.

What fun events would you like to see this year? Maybe rafting in the spring? Or a winter retreat in a wonderful mountain town? Let us know your thoughts by emailing us djbn greer@live.com.

Something else to think about is your Grange interested in sponsoring an event or a few Youth or JGers to attend an event? What a great way to help our youngsters grow in the organization. Don't forget to bring it up at your next Grange meeting.

A few things that you should bring up to your littles is the JG ambassador program. All that it needed to qualify for it is:



1) Must be a Junior Grange mem-

- 14 years, having observed their 10th birthday, but not their 15th by December 31st of the year they attend National Session.
- 3) Applicants must be able to attend National Convention to represent their state during Junior Grange activity days (Thursday-Saturday) at their own costs.
- 4) Applicants must have a parent or guardian attend National convention with them.

If you have, youth aged people in your grange you should tell them about the youth programs that are offered through the National Grange. Some of those include:

- 1) Grange Inter-State Youth Exchange (GISYE)
 - 2) Washington DC Experience
 - 3) Grange Baseball
 - 4) Public Speaking
 - 5) Sign-A- Song
 - 6) Grange Ritual Contest
 - 7) Parliamentary Procedure Contest
- 8) National Grange Youth Officer Team

9) John Trimble Youth Legislative Experience

10) Horizon Leadership Ambassa-

Membership

Dominick Breton State Director Phone: 303-919-2680

Email: dom.e.breton@gmail.com



I would like to thank all the local Granges that put an emphasis on membership growth this past year. We had nine local Granges who added members! I want to congratulate the Left Hand Grange who added 14 members this year! We had a tie for second — we had two Granges who had a net growth of 6 members — Mt. Lookout and Golden Gate! I also want to thank everyone who turned in their Colorado Membership Report.

Now is the time to start mapping out what your vision is for the upcoming year. It's important to tie membership into this vision. Remember to make branding and information available to the public to raise awareness about our local Granges.

Every Grange should set a goal to recruit a minimum of five new members! We should all work on making our vision more transparent in our communities, by using social media as well as other platforms. The national membership director has a monthly Zoom meeting to talk about membership. I would like each Grange to appoint a membership chair that I can work closely with to build our membership.



Claudia's Corner

by Claudia the Skunk from the National Grange Herd The emblem of the Third Degree

Sickle: like all the tools we use, it is ancient and honorable; as an emblem of our Order, there is none more

It speaks of peace and prosperity, and is the forerunner of joy. It is used not merely to reap the golden grain for the sheaf, but in the field of mind and heart and soul, to gather every precious stalk, every opening flower, every desirable fruit.

The implement is a reminder of honorable employment, preaching its sermon of present prosperity and peace, and its prophecy of future plenty and rejoicing.



Health Awareness

Louetta Phelps, State Director 10676 State Hwy. 151, Ignacio, CO 81137 970-749-1747

Email: Louettaphelps@aol.com

The Cure For Everything!

(Continued...)

Researchers have linked Inflammation to nearly every critical disease. By a certain age, we all have some degree of inflammation in our bodies; the key is to keep it at a flickering ember and not let it erupt into a forest fire. If you smoke, drink a lot, carry a lot of extra weight (especially in your belly), never exercise, eat poorly or constantly feel agitated by stress, your chances of having some level of chronic, elevated inflammation are high. If you are lean, are healthy and lead a balanced lifestyle? You should have less of it. "But it's tricky," says Shmerling. Inflammation can be measured only by a blood test and interpreted by your doctor.

Fat, especially belly fat, is a highly inflammatory issue," DiRenzo says. Every day, your belly fat is actively creating and releasing inflammatory compounds such as interleukin 6 and tumor necrosis factoralpha. It's why lifestyle factors such as not sleeping well can cause weight gain; it's not just about calories, but about inflammation as well.

So what are we to do???? You guessed it; the same thing we've been told all along; balance your lifestyle with healthier foods, less stress, more water and exercise, more fresh veggies and fruit, and better sleep. It's really easier than you think; whether you take one baby step at a time or you're an all-in kind of guy!

So what causes inflammation (things you should avoid):

White bread, deep fried foods, bad attitudes, smoking and drinking, most processed foods, especially desserts low in fiber, high in sugar and packed with chemicals, all of which are bad for the gut. Avoid bottled salad dressings. Look at the label of your favorite

dressing. The first three ingredients are probably water, sugar and soybean oil. Soy and vegetable oils are high in omega-6 fatty acids—which we tend to eat a lot of. Make your own salad dressings with inflammation-fighting olive oil, lemon or vinegar, and spices.

What soothes inflammation?

Whole-grain bread, dark-colored fruit and vegetables, beans, big colorful salads, yogurt and healthy fats (olive oil, avocado, nuts), Yoga, dancing. Mindfulness techniques such as prayer and meditation have been shown to reduce some markers of inflammation and can help people suffering from chronic inflammatory conditions.

Article by Mike Zimmerman; condensed.





Agriculture Report

David H. McCord, State Director David • 303-388-1259 Email: dmccord60@earthlink.net

Northern Integrated Supply Project (NISP)

Colorado State Grange via resolution from about 10 years ago has long supported construction of the NISP project, two off-stream storage reservoirs and related conduits, channels, etc. When we first acted to support the project, construction was to begin in 2016. Due to the many "gotcha" points along the way of the NEPA's EIS process, the administrative outcome of a project needing federal approval, is against frequent obstacles. The two storage facilities will capture water owned by the several water providers that are currently flowing unimpeded during high runoff periods and on out to the Platte and downstream. The following description of the project and its status is copied from the NISP's website with minor edits.

The Northern Integrated Supply Project will bring two new reservoirs to Northern Colorado, supplying 15 Northern Front Range water providers with 40,000 acre-feet of new, reliable water supplies. Aside from needed water storage, the project will incorporate an array of environmental and wildlife mitigation aspects, and bring additional recreation opportunities to the region.

The project was given approval of the 1041 Land Use Permit by the Larimer County Board of County Commissioners in early September allowing construction of Glade Reservoir, its recreation components and the pipelines to convey water from the reservoir to participants throughout Northern Colorado.

Central to the permit is the framework for the development of Glade Reservoir as a future recreation area

to be managed by Larimer County. Glade Reservoir, just north of Ted's Place on U.S. Highway 287, will join Horsetooth Reservoir, Carter Lake, Flatiron Reservoir, Pinewood Reservoir and the future Chimney Hollow Reservoir as a site for water recreation, fishing, hiking and more. Galeton Reservoir, the second reservoir will be located near Hwy. 85 generally east of Greeley.

The participants of NISP have agreed to spend more than \$16 million to develop the Glade recreation site, and they have purchased the former KOA campground nearby to create camping opportunities.

Another part of the permit dictates the route and procedures for the placement of pipelines to deliver high-quality drinking water to communities in Northern Colorado. It reiterates the commitment of NISP to convey roughly one-third of its water deliveries via the Poudre River through downtown Fort Collins, increasing the overall number of days available for recreation at the new Fort Collins Whitewater Park.

NISP has now received its permit from Larimer County for land use and from the State of Colorado for Water Ouality and for Fish and Wildlife Mitigation and Enhancement. This fall, NISP anticipates receiving a Record of Decision from the U.S. Army Corps of Engineers. Next year, NISP anticipates working with the City of Fort Collins to coordinate on a route for a pipeline to pick up the Glade Reservoir water that has been conveyed through Fort Collins via the Poudre River.

NISP is being built to address fu-

ture water needs for 15 municipalities and water districts, including the Fort Collins-Loveland Water District, the Town of Windsor and others throughout the region. Northern Water is coordinating the effort through the NISP Water Activity Enterprise.

2020 - Permit decision and anticipated final Record of Decision by the Army Corps of Engineers

2019-2022 - Final design work 2023-2024 - Highway 287 relocation construction

2023-2027 - Glade Reservoir construction

2027-2028 - Galeton Reservoir construction

2023-2028 - Conveyance pipelines, pump stations, mitigation measures and enhancements in construc-

2028 - First water stored in Glade Reservoir

Treasurer's Report

Sheryl Ayers, sherylayers970@gmail.com • 970-385-4557

I need to thank the following people for making this first year as treasurer work for me and for the Grange:

Secretary Renee Caldwell was willing to change banks so I could work with one local to me, and she has been patient as we asked her to change bill-paying procedures a bit. (We are now banking with Community Banks of Col-

Larry Corman, retired Fort Lewis College business professor and Executive Committee member, met with me and continues to be my go-to person for questions on QuickBooks record keeping.

Marlys Halbeisen, former treasurer, turned everything over to me in good shape and in a timely manner. Elizabeth Hiner was gracious to deliver everything from Marlys to La Plata County, saving the Grange considerable shipping costs.

Master Cindy Greer, along with continual strong and capable leadership, is always available to answer my questions. With the rest of the Executive Committee, she keeps a close eye on your State Grange finances.

I am honored that you entrusted me with this office, and my goal is to continue to serve you with integrity, joy and efficiency.

News From The Leadership Scholarship Foundation

by Jeanne Davies, Foundation President

The Grange Leadership and Scholarship Foundation began in 1977 by the action of the State Grange Executive Committee. Howard Kallenbach, past State Master and his wife gave \$10,000 to help establish the foundation. Donations and memorials have been given since that time by many Grangers throughout the state.

The first scholarships were worth

The Colorado State Grange Scholarship Committee awarded 16 scholarships this year. Each one was a \$1,500 scholarship.

The scholarships are made possible by the regular donations to the scholarship committee as well as the memorial gifts given to the State Grange

when a Granger passes away. We would like to remind Granges that when they are making up their Grange budget they might consider a small donation to the Leadership and Scholarship Foundation. It goes a long way in helping our young folks move forward in their education endeavors. Scholarships are available to eligible Grangers and children or grandchildren of Grangers. Donations are tax

Just as important are the donations given by Granges and Grangers in memory of a loved one who has passed away. Any donation is welcome at any time. When it comes time to award scholarships we can only give when we have the funds available. We want to thank all who have helped in any way over the years. We have

money in the scholarship account that accrues interest each year and is, of course, a very big help. But we need the continued interest of Grangers in donating to the Leadership and Scholarship Foundation to keep it moving forward and allowing us to give scholarships to many Grangers applying who are eligible. If you have noticed over the last several years the amount of the scholarships have risen and several years such as this year, we have many recipients of the scholarships. Thank you to Grangers who make this happen.

I wish to thank Jim Miller for the many hours he spent this year in determining the eligibility of the applicants to give the committee information on that and on the funds available. This is what final decisions are based on.

Mandy Project

Cindy Greer, Coordinator 970-588-3386 • Email: hcrdgreer@frontier.net

Donations for the Mandy Project should be sent to the Colorado State Grange or PICK. Please do not make checks out to the "Mandy Project." All donations should be made out to either the "Colorado State Grange" with a notation that the donation is for the Mandy Project and sent to the State office or to PICK and send to my home address.

I decided that I would share my annual report, which is below:

2020 has been a strange year as we all know due to the pandemic. I don't know if people are not going to the audiologist or if we need to again make contact with audiologists at Children's Hospital as that is where many of our applications came from. I'm sure that we still have children in our communities in need of assistance with hearing loss equipment and issues. The fact is that we did not receive any applications this year, therefore we have had no one to report on. Insurance companies have had legislation dictate that they cover hearing loss, but when one lives in one state and works in another sometimes there is a break in what insurance covers.

The Colorado State Grange Mandy Project was established in 1998 with a vision of reaching out to non-Grange families and Grange families who have children with a hearing loss. The Colorado State Grange established PICK (People Improving Communities and Kids) a 501c3 organization so that grants could be sought to help with the Mandy Project as well as other Grange departments. One Grange member left a sizeable donation to the project in their will.

The Mandy Project through the Colorado State Grange and P.I.C.K. has helped 141 Children obtain services pertaining to their hearing loss. You should be proud of your contributions to this project. It's one way that we get the Grange name out to the public. Thank you for your continued support and promotion of this project.

We would like to thank the following for their donations to the Mandy Project for 2019-2020 year:: Animas Valley #194, Cherry Creek #58, Pleasant Park # 156, and Mt. Allison #308.

This year we have received four donations from Amazon Smile due to one person's using smile.amazon when ordering products. You can also help in this simple way be selecting People Improving Communities and Kids as the recipient of a % or your smile.amazon.com orders.

Hearing loss no matter what your age is not an easy thing to deal with. It's more difficult to learn something if you can't hear. We all use several ways to learn things, visual, touch, smell and hearing.

P.I.C.K.

People Improving **Communities And Kids** Secretary/Treasurer

Cindy Greer hcrdgreer@frontier.net

PICK held it's annual meeting on Tuesday, September 29 via ZOOM. The minutes were reviewed. The

annual report was reviewed. The 2021 budget was reviewed. National Grange Revival sponsor-

ship was discussed. We all agreed to sponsor a dinner for the Revival which is \$500. We decided we would again offer

the grants for \$500 for projects that Subordinate Granges may need assistance doing. These projects must have a completion date. The funds are not intended for future projects or a saving account for a project that may or may not be completed.

PICK GRANT APPLICATION FOR GRANGE SUPPORT

Granges who need funds to do their #1 Community Service project or to assist with an emergency relief effort in their community, publicizing events, or recruiting new members, updating the technology available at their Grange Hall, sponsoring quality workshop for the Grange members by hiring professional presenters or starting a Grange Garden, Community garden or building landscaping or just paying utility bills will need to provide details about plans and what the project will cost. Information has been sent out to Grange Secretaries and Masters on how to apply, but you can also find the information on the State Grange Web site or e-mail or call me and I will send you a copy of the application. Grants will be awarded after the PICK board has reviewed the application. Only one grant will be awarded to a Grange.

Granges must provide their current financial status and current bills when applying for funds to assist with utilities or a specific need for the building. If you have a savings account, invested funds, or CD's your chances of receiving a grant are less likely because we only have a certain amount that we can award that has not already been designated.

The PICK board has decided to offer \$500 grants to Granges who apply.

Chaplain's Corner

719-632-5965



During the past year. we have lost a number of active Grange members. Because of the virus, we were unable to hold the usual memorial service. Two past State delegates were honored at the Zoom convention. We remember Ernest Shock who was a navy pilot and taught industrial arts. Ruth and Ernest were parents to four children. Six grandchildren and four great-grandchildren survive. Ernest was a Grange member for 40 years.

Paul Joseph Hon was a State delegate with his wife, Evelyn, for many years. Paul served on the Executive Board as well as many other positions. Mr. Hon was a devoted leader who offered excellent advice and leadership. He served in the United States navy during World War II. His obituary is included in this issue.

The memorial service is a time of reflection and remembering the many members who have served faithfully. In our ritual we read "once more our fraternal circle has been broken." Our circle always continues in joining hands of dedication. Please remember the individuals listed below in your thoughts and prayers.

Animas Valley Grange: Ed Zink; Jeff Davis, Cy Scarborough and Ernest

Castlewood: Isaac Kerley Golden Gate: Gretchen Haskins and

Judy Hoffman Grandview: Paul Hon Florida: Jack McEntire Homestead: Vernon Cooksey Maple Grove: Jane Dianich Marvel: Mary Dossey, Gene Kennedy Pleasant Park: Barbara Gray Pikes Peak: Howard Bainbridge

Publicity

Elizabeth Hiner, State Director and National Communications Fellow 970-403-4592

Email: Floridagrange306@yahoo.com



We did a trial run this year for the publicity contest which is for each Grange to make a brochure. I received four entries this year and my non-Granger judges liked them all. They would like to see more from around the state.

Here is where each entry placed and what the judges had to say:

1st) Animas Valley (nice and tidy, good content).

2nd) Florida (bright and colorful but yellow font is a little hard to read, good content).

3rd) Marvel (nice and tidy, good content but the reasons why to join should be on one page and a couple

more pix would be good).

4th/Participation) Florissant (love the pix and not so wordy, it is fun, font is a little harder to read, no membership sign-up form — main reason for

So, thinking forward to the Publicity Contest for next year this is what I would like to see on each brochure. It should reflect your Grange and its activities; how potential new members can get involved and have the membership application. Oher than that the sky is the limit. I am looking at having three workshops to help your Grange create a brochure, Details to follow after the holidays.

Colorado Grange Museum

Jeanne Davies, Audry Maydew, Gary Tobey, Dave McCord

Annual Report — There was quite a bit of activity at the museum this year, during the summer of 2019 we experienced a bad hail storm that ruined the roof and much of the siding. The roof was replaced and then after several months of waiting on the city of Aurora to decide the siding color, the siding was replaced with a concrete siding (Hardy board). This siding should last for many years and through many hail storms.

We have been working with the city of Aurora on their master plan for the Plains Conservation Center. Aurora has been able to obtain several grants to create this plan. The City is very interested in the museum and definitely wants it to be a part of the Plains center going forward. The plan is to eventually turn the maintenance and the contents of the building over to the city. There will always be a member of the Grange on the PCC board, the current Grange member is Audrey Maydew. There will be many advantages of having the museum be a part and run by the PCC, it will be open more often on tours and we will work with the Botanical Gardens (they provide the PCC tours) to educate them on the museum.

Much of the work and progress has stopped due to COVID, the planning and meetings should start up again later this year.

Progressive

Sunflower Grange

Contact Cherry Ellis, cherryellis 5@yahoo.com for further informa-

Before Sunflower Grange reorganized, many members were gardeners encouraging other community members to do the same. Food Sustainability activities by the Grange are a natural continuation. In July and August, Lecturer Nena Robbins and Agriculture Committee chair Renee Sweet provided food preservation education programs to make use of summer produce. In July they demonstrated Quick Pickling techniques using cucumbers, zucchini, beans, cauliflower, peppers, onions, garlic and carrots. Quick pickles can be made from small amounts of produce, require no cooking beyond heating brine or special equipment, and stay crisp and flavorful in the refrigerator. Nena and Renee experimented with a variety of recipes and ingredients; all were good, especially pickled green beans. The grocery store price of a pint of green beans is \$6 to \$8; you can make them for a fraction of the

In August, 17 people attended the food sustainability presentation that included water bath canning, pressure canning, freezing and dehydration. Many at the meeting had preserved foods before, so shared their experiences. Nena brought equipment needed for canning: electric water bath canner, pressure canner, Ball Canning Book, jar holders and tongs, canning funnel, jar lids, magnetic jar cap wand, emersion blender, and mandolin. Equipment use, accuracy in measurement and timing, altitude requirements were among the canning topics discussed. Nena recommended canning videos and information online; beware of older canning books! Current techniques and recipes are safer.

Freezing produce is safe and requires little equipment, but freezer space is an issue. Space-saving tips for freezing included chopping or pureeing foods to fit plastic bags, use of ice cube trays for herbs. Dehydrating foods is an old reliable method of preservation, using the sun, an oven, or dehydrator. Dried foods take up very little space, are portable, can be preserved for long periods of time, and then reconstituted or pulverized.

ability program was incorporated into



Thank you to BMan's BBQ for hosting events for Sunflower Grange in 2020 — Bill Ellis, Cherie, Brian and William.

on September 12, sponsored by Sunflower Grange at BMan's BBQ. Started the same year as the local Heirloom Tomato and Plant Sale, the Tasting is a method of gauging the tomato varieties and other vegetables that succeeded. Who said science had to be dull? It can be delicious! We get to try the black, green, white and yellow varieties we've never tasted before and gather information on production, growing method, and which were best for canning, drying, sauces and salsas This year, 31 varieties came to the Tasting, where Christine Hooks, Ghislaine Griswold, Nena Robbins, and Renee Sweet did the dicing. Picking a favorite was impossible, but about 20 reliable varieties for our area were there; we will grow them again next year.

Wayne Eads, a friend of our Grange and Growers from Greeley, brought a huge Brandywine tomato grown from seeds he began saving in 2006. Nena and Renee used it in their excellent seed-saving demonstration. Expect to see some of Wayne's Brandywine seeds in January at the seed swap and as plants at the heirloom sale!

Humans do not live by tomatoes alone, however. Poetry — haiku, limerick, rhyming couplet — accompanied eating. Christine Hooks read her lovely tribute to her mother's homegrown tomatoes.

Renee Sweet has been our resident Tomato Nerd, teaching us about growing, preserving and seed-saving for many years. One customer at May's sale asked for "Renee the Tomato



Margaret Ellis presenting Arianna and Izabella Watts awards for their

entries in the t-shirt design contest.

waving the royal wave. Then she had to get back to chopping tomatoes. She was later awarded a special Tomato Queen t-shirt by Margaret.

The Tasting provided an opportunity to announce other awards and contest winners. Cherry presented Margaret Ellis her Outstanding Granger 2020 booklet, a \$25 check, gift cards, and certificate. Then Margaret awarded Arianna and Izabella Watts 1st prizes for their original t-shirt designs for the Publicity Contest: \$15 checks, and t-shirts with their designs. To thank BMan's BBQ for hosting our events during this difficult year, Cherie Stephens presented Roxann and Brian Martinez and William Johnson with a certificate and Sunflower Grange Business Associate Membership; Bill Ellis (lookout at Devil's Head for 36 years) gave them a sixpack of Devil's Head Ale with his picture on the can, and Margaret presented them with t-shirts and her painting of Devil's Head Lookout. (Note: The photo of Bill, Cherie, Brian and William shows Devil's Head in the background.) Thanks to all the members who put up the canopies and talked tomatoes — Hugh, Dick, Christine, Roxanne, Cherie, Judy and Bill Smith, and others. Davis Ammons visiting from Cherry Valley thought the Tasting was nostalgic and charming.

We are so grateful that Barbara Machann, Archivist of Sedalia's Museum and Gardens, gave us the Sunflower Grange Seal. Mildred Stewart entrusted it to the Museum when the Sunflower was discontinued in 2014. The Seal can once again be used to emboss certificates and other documents from our Grange.

Cherie Stephens, Dick and Cherry Ellis attended the first State Session for all of us on ZOOM. Though we all miss in-person meetings, the online format provided us a closer look at work on resolutions and we were able to hear everything. We passed along information to members of our Grange and had an interesting discussion about tradition and ceremony at our last meeting, with more to follow. Activities of other state Granges sparked conversations about future events.

At the end of the ZOOM State Session, Colorado State Master Cindy Greer announced that Margaret Ellis had been chosen Colorado's Outstanding Granger for 2020! All our members were so pleased and proud. Our Grange is so new, Margaret has not had time to do much, but she has many other accomplishments outside the Grange. She has raised 11 children, worked with her husband Bill on the lookout tower at Devil's Head for 36 years, hiked over 800 miles of the Appalachian Trail alone and with other family members. She been a member and served as Regent for DAR, belongs to numerous historical organizations including Sedalia's Museum and Gardens and Indian Park School House, does genealogical research for others, and has contributed to community organizations everywhere she has lived. She works circles around the rest of our group. She has now made and donated more than 1,000 COVID masks, more than 100 of them with



Nena and Renee the Tomato Queen giving royal wave.

plastic inserts to allow for lip reading for hearing-impaired teachers and stu-

As one recommendation letter said, Margaret can be relied upon to show up for functions with a decorated cake or a batch of fudge, often in costume. She has an extensive Star Wars collection and wardrobe, including a Halloween costume for Darth Vader's wife, Ella Vator. She visits schools in period costume to talk about the Revolutionary War. For several years, she and Bill have been our community's Santa and Mrs. Santa, sometimes with grandson Augustus as elf. Margaret sews all the costumes and creates a celebration wherever she goes. Sunflower Grange will never have a better candidate for Outstanding Granger. She will represent Colorado well.

In 2019 when our Grange first reorganized, Colorado Grange Master Cindy Greer explained the arrangement between the "Grange" Events building in the nearby Meadows subdivision and the National Grange: the Meadows "Grange" was allowed to use that name if local area Granges could use the building at no cost for six meetings each year. Bill and Judy Smith and then Hugh Maclennan followed up on the agreement; our Grange will be meeting in the Meadows building during the winter months beginning in November. It is spacious and will allow for social distancing. Thank you, National Grange and Master Cindy Greer.

We have been fortunate to have meeting space for the last year at Indian Creek Clubhouse both summer and winter, thanks to arrangements made by Roxanne Burns. After our outdoor October meeting, we celebrated the Community Award winners: EMT/Paramedic Carrie Dunn-Thompson, Teacher of the Year Emmie Rooney, Community Hero Donna Ingman, Citizen Award Patty McDonough, and Colorado Outstanding Granger Margaret Ellis. We enjoyed barbeque from BMan's and conversation about the good work being done in our community.

Boulder County Boulder County

Left Hand

Contact Bruce Johnson, 720-301-6367 or johnson.blj71@gmail.com for further information.

Business Meetings at 6 p.m. — November 11, December 9, January 13, 2020.

Left Hand Grange Building -Due to the COVID-19 pandemic, essentially our building continues to be closed to meetings and events, and has been since April. Although, under Boulder County "Safer at Home" guidelines, we could allow groups of 7-8 people to meet. We held socially distanced outside Board meetings on July 8, and August 12, and had our first virtual Grange Board meeting online on September 9. Without building rental income, we have reduced our expenses where possible, and are relying on savings to meet remaining

Music Open Stage — Our monthly Music Open Stage for the 2020-21 music season was scheduled to begin in October. This would have been our



The next Grange-sponsored event is Bigfoot Story Night outside on October 17. Wesley Watts, a youth member, has a special interest in Bigfoot. Storytellers from the community are invited to come and tell their stories and watch the video "The Monster of Plum Creek" about a 1954 sighting and subsequent all-out search for a Bigfoot-like creature in our area. A dramatization created by Douglas County Library and the Historical group: https://vimeo.com/17890158.



The "first Friday after the first frost" we will congregate in the alley next to Bud's Bar for the annual Pumpkin Weigh-in to see if anyone can come close to Billy Moore's 345pound prize winner from 2018.

Good health wishes go out to Linda Straw and to Fred LaPerriere who is recovering from surgery.

Cherry Ellis

9th year hosting this monthly event that traditionally runs from October through April. Due to the building restrictions, an alternative music event hosted by Bruce and Marcia Johnson was held on Sunday, October 11 by ZOOM. We called it "Music from the Grange, as technically it was not an open stage format. We invited eight other performers who had performed the most times at our Music Open Stage over the past three years. It required a lot of coordination and sound checking ahead of time to assure that all performers and listeners were afforded good sound quality.

Performers at our first virtual event were: Bruce and Marcia Johnson, Dick Larson, Lise Blumenthal, Tom Morris, Tom Schaffer, Peter Levine, George Russell, Rob Chirico, and Mark Flett. Many thanks go to Marcia Johnson and Rob Chirico for their efforts in troubleshooting and adapting the ZOOM technology to obtain a good quality music sound. Our "pilot" virtual event was successful in bringing our Grange "music community" back together, and our next virtual event will be on November 8.

Bruce Johnson

Darden

Jefferson County

Contact Idella Lewis, idellam lewis@gmail.com, 303-233-3393, for further information.

A huge project was undertaken this past year. Darden Pomona Grange members and Scarlett O'Hatters Club worked to write Christmas cards to be sent to those serving in the military overseas. Many took cards home to sign. Others bought cards and took them to Marlys Halbeisen to be sent. Among those were State Grange President, Cindy Greer, Lecturer Elizabeth Hiner, and Jeanne Davies. Jeanne's niece sent 800 cards from Washington

Pleasant Park Grange bought many cards and took them home from their meeting and signed them.

Over 40,000 Christmas cards have been sent to Washington, D.C., to a non-profit organization Soldiers and Sailors of America. Each card had a handwritten message such as "God Bless you," "Thank you for your service," as well as an insert about the Grange. They will process the cards and mail them to military bases and ships all over the world for our troops. This is a very small thank you to them and lets them know that we know they are out there all over the world in over 22 countries, 160,000 troops altogether. We are showing our gratitude for their service and protecting

Thank you to everyone who helped with this project and thanks to Marlys Halbeisen for heading up this project and storing the many boxes of cards in her garage!

Idella Lewis

Enterprise

Contact Carol Lackey, carol lackeyhomes@gmail.com, 303-521-4477, for further information.

Wednesday, November 11 Thanksgiving potluck at 6:30 p.m. Because of the COVID rules, only Enterprise Grangers and their families will be able to attend. Our Thanksgiving feast will include a traditional potluck with turkey and all the trimmings. Turkey and beverages will be provided by the Grange. Attendees will bring a small dish to share.

Saturday, December 14 — Old Fashioned Christmas Dinner starts with a meal of traditional Christmas fare for Friends and Family of the Enterprise Grange. At this time, members and their families from other Granges are welcome to attend. We will need a head count to abide by the COVID rules. So if you would like to join us, please leave a message with Dorothy Dannels at 303-425-0111. Attendees bring a small dish to share.

The Program will include Christmas Carol sing-a-longs, children performances and reading of the "Night Before Christmas." The evening finale will be when Santa Claus arrives and everyone sits on Santa's lap, gets a small gift, and tells him their Christmas wishes.

We typically have a Chili Dinner in October but again, because of COVID rules, we have postponed this event until spring. More details will follow.

Enterprise held their first meeting of the year in August. We started with a potluck and then held a meeting to choose our delegates for the State Grange. Dorothy Dannels and Lisa Mittan were chosen this year. We also discussed our charity events for the holidays. Dorothy Dannels and Carol Lackey were assigned to call our previous charities to find out what rules we need to abide by to service the resident's needs.

In September we decided to move ahead with a meeting. We started with a potluck and then discussed our two charities. Both were in need and were thankful we could help out. We will be doing stockings for two separate groups. We had material left over from last year so we decided to start meeting every Tuesday and Thursday from 10 a.m. to 2 p.m. to make scarves and hats.

We did start making our scarves and hats on September 15 and worked

Tuesdays and Thursdays until we ran out of material. We did get a generous donation of \$100 from Merry Whyman for material so we will start again on October 20. We still have a long way to go!

Because our Grange rental has been drastically reduced and our events to raise money have been postponed, we again decided this year to make as many hats and scarves as possible to add to the stockings so we are working to make and fill 212 stockings this year. The stocking project for Jefferson County Health and Human Services will receive 100 filled stockings and the other 112 will be taken to Olin Residences. We are asked to fill the stockings with mainly essentials, some entertainment and food. We know that 50% of seniors living in care centers never receive a visitor. An empty stocking represents those living in our midst who are on the edge of society such as seniors, adults with disabilities, HIV patients and the homeless. They are isolated due to age, frailty, diminished health and life circumstances. When we fill a Christmas stocking, we fill a heart. If you are able to help, these are the items needed.

Items Needed To Stuff Stockings

- Men's and women's gloves or mittens, scarves
- Ladies and Men's Socks
- Non-perishable food & snacks individual size containers such as pudding, fruit cups, cheese & crackers, granola bars, etc.
- Large print puzzle books like crossword, search words
- Christmas pins or fun jewelry, watches, etc.
- Toiletries, i.e. lip balm, toothpaste, individual packets of facial tissues, shaving cream, combs, nail polish, body wash, body lotion etc.
- Individually wrapped candy/chocolates (including sugar free)
- Candy Canes
- Tea bags or instant coffee bags
- Face masks, hand sanitizer and sanitizing wipes
- Supplies zip lock bags, curling ribbon and tape

We are also collecting any fleece material you might have left over to make the scarves and hats. A tub will be left in the lobby to put any items you would wish to donate. Or we would be happy to pick up. Call Dorothy Dannels at 303-921-7849, email: dorothydannels@gmail.com or Carol Lackey at 303-521-4477, email: carol lackeyhomes@gmail.com for pickup or for further information.

Carol Lackey



Contact Idella Lewis, idellamlew is@gmail.com, 303-233-3393, for further information.

Maple Grove Grange members have not been able to meet due to the stay at home orders for the COVID-19 virus. We hope to be able to meet again

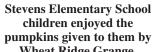
Bill and Marily Lane put up our new flag on our flagpole in front of the Grange Hall. It sure looks great to see it waving proudly again!

Several of our renters have been renting the hall and staying safe.

Idella Lewis, John Cruz, and J Kelly attended the Zoom meeting of the Colorado State Grange Session in September. It worked out well to be able to adapt and still have our State Session.

Idella Lewis













Wheat Ridge

Contact Vivian Vos, vlvos@ya hoo.com, 720-217-1340, for further information.

Thursday, November 12, 6:30 p.m. — Grange Business Meeting. Saturday, November 14, 10 a.m.-2 p.m. — Second Saturday Sale at the Grange.

Thursday, November 26, All day - Thanksgiving, yes we are Thank-

Thursday, December 10, 6:30 p.m. — Grange Business Meeting. Saturday, December 12, 10 a.m.-

the Grange. Thursday, December 17, 6:30 p.m. — Christmas at the Grange.

Friday, December 25, All day -Christmas and Happy New Year All activities/meetings are open to

the public. Still not a whole lot is going on

2 p.m. — Second Saturday Sale at

and that is frustrating to our members and our leaders.

The WR Grange Urban Granger news is being ramped up so that during this downtime we can print and pass to our businesses and others so they know what the Grange is and what we are doing.

Wheat Ridge Grange is holding monthly business meetings in person as we have plenty of social distancing space. We held our Grange elections. Five Grangers attended virtually the State Grange.

As the close of the growing season closed in on us and our garden had two large (55 or 45 inch) pumpkins, the question was what will be done with the pumpkins. As the elementary school is on the property of the garden we contacted the school to ask who would be interested in the pumpkins. Our president and others were present when we presented in a yellow wagon these two pumpkins to the 3- and 4-year olds. The video taken (too large to share) was filled with squeals as children ran to the wagon to check out the pumpkins. They were well engaged with thumping the pumpkins, picking up the smaller pumpkins and showing us what excited them.

WR Grange also took 102 signed Christmas cards to Marlys to add to her tall stack of boxes of cards to be delivered and arrive in the hands of troops who deserve our wishes and thanks.

The Second Saturday Sale in October was successful with eight vendors and will continue with more vendors in November and December. These vendors such as Pampered Chef, doTerra oils, Mary Kay, Color Street nails, Damsel in Defense, HempWorx, and Greentechenv along with homemade cards were all set up to share their wares for the public to view and buy for gift giving.

Vivian Vos



90 boxes of cards in garage of Marlys Halbeisen!



Deadline For The January-February 2021 Issue Of The Colorado Granger Is December 15, 2020.



Installation of new officers at Pleasant Park Grange.

Pleasant Park

Contact Yvonne Ludwig, Master, 303-838-4805, for information.

November 14 — Regular meeting 10 a.m. followed by Sack Lunch Picnic.

December 12 — Regular meeting 10 a.m. followed by Sack Lunch Picnic.

November 14 — Regular meeting 10 a.m. followed by Sack Lunch Picnic.

Donations for the new well have been very generous and we are ready to dig! The next phase will be to run pipes over to the Bicycle Rest Stop area. It is very exciting to have this kind of support during this stressful time of our lives. Thank you to P.I.C.K for the grant.

Member Barbara Gray passed away in September. She is deeply missed and prayers go out to her family and friends.

We are very thankful that none of our members have contacted the Virus. Several members have health issues not related to COVID and are kept in our prayers.

Members continue to work on the building and yard maintenance before snow flies. Three more trees had to be cut down and the back staircase had to be replaced because of the snow from last winter.

We signed and delivered 3,900 Christmas cards to Marlys for the Christmas Card project for soldiers overseas. We have already started on cards for next year.

All of our scheduled events are canceled for the year to be on the safe side and abide by all the rules in place. This includes the annual Thanksgiving Dinner. We do have many things to be grateful for in spite of COVID.

The bicycle rest stop is about to close for the season. We will keep it open as long as the weather permits and are blessed to have a successful fundraiser during the pandemic.

We look forward to when we can get back to the new normal and pray that all Grange members stay safe.

Yvonne Ludwig

Golden Gate

Contact Terri Costeldia, President, 303-277-0351, terricosteldi@ hotmail.com, for further informa-

Line Dancing — Every 2nd and 4th Friday of the month, 7-9 p.m.

We have been holding Golden Gate Grange meetings via the internet since March. In October we invited Grange members to join the meeting. Several members did participate. If you would like to join the virtual meetings, please notify Jayne Ruesch (jayruesch@aol .com) and we will add you to the roster.

Mary Ann Bonnell of Jeffco Open Space provided a virtual presentation in our ongoing Wildlife Program series. This interactive event included information on rattlesnakes and wolves/coyotes. Mary Ann is an expert on human/wildlife interactions as well as being well versed in the physiology and habits of our local critters. Participants were able to ask questions and lively discussions ensued.

Rich Phillips and Terri Costeldia have been continuing their efforts to improve the Grange building and property. New hardware and letters have been purchased with help from a Grant from the PICK. This will enable our sign to be changed from the ground rather than the perilous climb up a ladder to the narrow ledge at the bottom of the sign. Hopefully, the new letters will be less affected by the strong winds.

We will not be able to have our annual Gift Drive and Wrapping Party for Jeffco Foster Children, but the event chair, Janet Primmer, is working with the Jeffco Foster Family Foundation to find a new way to show our Holiday Spirit and donate to this worthy endeavor. We will be sending out more information in November about how to donate. If you are not on our email list, but would like to donate, contact Janet at janddprimmer@ gmail.com.

Website: www.goldengategrange .com; Like us on our Facebook page Golden Gate Canyon Community.

Jayne Ruesch



New windows and stucco on the building at Mount Lookout.

Ute Mountain **Dolores and Montezuma Counties**

Mount Lookout

Contact Katheryn Fulton, kes tralfarm@gmail.com, for further information.

Each Monday Mancos Foodshare or commodities food distribu-

Every other fourth Wednesday Board meeting.

With much sadness, I report the loss of one of our long-time, valued board members, Greg Kemp. Greg passed in an accident on his property last month. Greg worked tirelessly for Mt. Lookout Grange and for his whole community. He attended most every meeting, and was fully engaged in our mission of improving our building and grounds. He had just recently completed writing a 100-year history of Mt. Lookout Grange for the State Grange records. During this

(Continued on Page 8)

La Plata Archuleta and La Plata Counties, CO and San Juan County, NM

Animas Valley

Contact Deborah Paulson, debo rah.paulson@gmail.com for further information.

The Animas Valley Grange has enjoyed the warm fall days which have allowed us to continue to hold our business meetings in person on the lawn. This winter we plan to have hybrid meetings, where those who want to attend in person can do so, while others can join from home via Zoom.

Our Grange's subscription to Zoom has also allowed us to continue our monthly programs. Our September talk was on reducing food waste and on October 27 we will have a talk by our county weed control manager on identifying and managing weeds. On September 26 we held an apple pressing event where families took turns using our apple press at the Grange to make cider. October 14 will be the last of our weekly "Share your Garden" produce distributions. Through the generosity of local gardeners, we distributed hundreds of pounds of locally grown fruit and vegetables to families in need in our valley this season.

Deborah Paulson **Florida**

Contact Elizabeth Hiner, 970-382-1509, tinlizzy56@yahoo.com, for more information.

Due to the lessening of the COVID-19 restrictions we are returning to and planning several events for the coming couple of months. We have been starting to rent our hall out for parties and meeting in the last couple of months with new guidelines in place. Also, our Tenants, Zumba, Summer Yoga, and the Cub Scouts have returned to the Grange Hall with some social distancing in place. We were able to hold four of our six summer free breakfasts with modifications some of which we will keep as they cut down

October is set off our renewed involvement with our Community Meet the Candidates (Local offices only) on October 18, followed by our Non-Contact Trick-or-Treating on the 31st. We put out candy/treats for the kids to come by and pick up. Upcoming for November we have a crochet workshop on the 7th and will plan more at our business meeting in November. As of now our ThanksMass Dinner is scheduled for December 12 to celebrate the holidays. It will be a potluck affair with the community invited. We will also have a dessert auction with the proceeds going in part to La Plata Electric's program to pay for someone's utility bill, the rest will be used for Grange upkeep. We are hoping for a productive year with less health issues.

Elizabeth Hiner

Marvel

Contact Cindy Greer, 970-588-3386 or hcrdgreer@frontier.net, for turtner information.

November 11 — Veterans Day Program – 7:30 p.m.

November 26 — Happy Thanksgiving.

December 4 — Business Meeting



Jane Westgaard, retiring Marvel Treasurer, receiving award of appreciation from Master Roger Ayers.



Some of the Crafts Marvel Junior Grangers entered at Pomona Exhibit Day.

- 7:30 p.m. - National Grange Birthday.

December 6 — Secret Sister Christmas Party — Time and Place

December 18 — Waffle Night -6:30 p.m.

December 31 — New Year's Eve Party – 6:30 p.m.

Mondays — Line Dancing – 9-10 Wednesdays — Clogging – 12:30-

2:30 p.m. Second and Fourth Saturday — Quilters – 9 a.m. to 3 p.m.

Billy Greer was welcomed into membership at our October meeting. In September we had an evening of line dancing and round dancing. We had approximately 14 in attendance.

In October we invited the League of Women Voters to talk about the ballot issues. This happened via ZOOM on Friday, October 9 at 7:30 p.m. Many joined us from their homes and we had five at the Grange Hall who have difficulties with ZOOM at home or don't have internet access. The League presented a power point and discussed the issues in about 45 minutes. It was very informative.

In September the Worthy Master, Roger Ayers presented retiring treasurer Jane Westgaard with a pen for her years of service and dedication.

In October we decided to change our deposit and rental rates of chairs and tables for our members.

We now have La Plata West Water

Authority water in the Grange Hall. It's taken a long time to get the system to our community and fortunately the Grange Hall was on the first phase of the project.

We had a breakfast on October 31 and also had Halloween games for the kids in the community on the 31st from 3-5 p.m.

Grange members were encouraged to sign up to provide a program at a business meeting. The Lecturer program consisted of asking questions about apples and giving apples to those who came up with the answers.

The quilters held a retreat in September and are planning on another one in November at the Grange hall.

Marvel JG

Contact Cindy Greer, 970-588-3386, for further information.

We met September 21 and made suncatchers out of CDs. Awards from Pomona Exhibit day were given out. We learned about feeding pigs and made our own snack that included the nutrients pigs need. Leaned that a pig needs six gallons of water a day. The information came from the Colorado Ag Foundation and the State fair Day camp for kids that they created on-line. We will be having parents bring refreshments and plan a game for the kids. Next meeting will be October 19, 3 p.m. We currently have 14 Junior members. Billy Greer graduated to the Subordinate Grange.

Cindy Greer



Quilters workshop at the Marvel Grange Hall.



The expanded Mount Lookout Grange back porch.

Mount Lookout

(Continued from Page 7)

COVID epidemic, Greg and a couple of his friends expanded the back porch of our Grange, a project that we had talked about completing for some time. Mt. Lookout Grange adopted a portion of Highway 160 for cleanup, and Greg always spearheaded that. We are grateful for the time that we did get to spend with Greg, and will continue to miss him.

On a more positive note, Mt. Lookout Grange has been awarded \$1,000 in a CARES grant from the town of Mancos and Region 9, which will help us to offset the lack of fundraising during COVID. We have applied for another local grant to build an outdoor gazebo, and we will find out about that soon.

Our building and grounds look fantastic, with brand new stucco and some new windows. After the stucco project, the board met for an all hands on deck work day to clean up the yard. We removed an old sandbox, painted window sills and railing, lopped volunteer shrubs, and raked. It felt good to meet with the team in a socially distanced manner that was productive. We all look forward to resuming regular activities there whenever it is appropriate.

On another positive note, we have two new board members, Evan and Don. They both bring valuable skills, knowledge, and enthusiasm to the group. We welcome them.

We would have hosted our fifth annual pig roast this month, one of our two big annual fundraising events. While we feel sad to miss it, we have much to be grateful for, and we endeavor to maintain our purpose and facility so that we are ready to reopen whenever it becomes safe to do so. We hope you all stay well.

Pikes Peak **El Paso and Teller Counties**

Florissant

Contact Renee Caldwell, 719-748-5004, caldwellrenee3@gmail .com, for further information.

November 14 — Pine Needle Basket Class/Gourds and base painting 9 a.m.-12 p.m.

November 25 — Free Community Thanksgiving Take Out Dinner 5:30 to 7 p.m.

December 12 — Santa at the Florissant Grange 1-3 p.m. (we

December 19 — Christmas Craft Show and Sale 9 a.m.-3 p.m. (we hope).

The Florissant Grange continues to hold monthly Pine Needle Basket Classes with new and continuing students. In September and October, we worked on baskets and felting and in November we will also work on Gourds.

The Florissant Grange Quilt of Valor Guild will provide several quilts to be presented at various Veterans Celebrations in November. Our group is hard at work putting together new quilts for future presentations and always have a few on hand for those who need one in a pinch.

State Session was via Zoom this year and Florissant had two delegates participating. It was very different and not as fun as gathering in person, but we managed to get the necessary



Needle Felted Bees on Pine Needle Bee Hive.

The musicians are continuing to rent the Grange Hall so they can continue to "practice" each week, even without an audience. We appreciate all of them.

We had our annual Halloween event this year without all the decorations and the fun of having the kids running around and having fun in our Grange Hall. We held a drive through Halloween event and we had over 50 kiddos come pick up Halloween bags full of candy and crafts and fun games. We also held a "virtual" costume contest with 1st, 2nd and 3rd place winners.

Coming in November will hold our Free Community Thanksgiving Dinner. This is always a well-attended dinner that we love to host for our community. We have quite a few retired folks up here in the mountains who may not be going "home" and may not want to cook for themselves, and we have some members who simply may not get a Thanksgiving Din-



Needle Felted Highland Cow and Cow.

This year, however, we will not have everyone inside the Grange Hall, but instead will have a Drive-Up dinner. All our volunteers from the community will still be doing the cooking and donating food and others will be filling the take out containers and others will be delivering to the cars as they drive up. Things are defiantly different these days, but we can still get the job done.

December we are hopeful to be able to have Santa in person and the community children in person and have our annual Christmas with Santa party. We will have gifts, goodies and crafts for the kiddos and as always lots of fun. If not, we will find a way to have a drive up Santa greeting and bag of goodies hand out by his elves so that the neighborhood kiddos know Santa has not forgotten them this year.

We also hope to have our one and only Craft show of 2020 in December. Time will tell if we are able to do this, but we are all hoping for the best.

of the members of the Executive Committee of the National Grange shall

be as provided in these By-Laws and Laws of the National Grange. The

duties of the members of the Executive Committees of the other Granges

of the divisions of the Order shall be as provided for in these By-Laws and

Laws of the National Grange, and the By-Laws and Laws of the various Granges of the divisions of the Order in which they are members. It shall

be the responsibility of the Executive Committees to act for each Grange

between meetings of said Granges in times of emergency or need. Actions

by an Executive Committee must have the approval of the Master of each Grange, provided, however, disapproval by a Master may be overridden

by a vote of two-thirds of the members of an Executive Committee. State and National Grange Executive Committees shall be permitted to meet when

the Master is unable to attend a pre-scheduled meeting, with the express

GOTO-3

ROUND TABLE FORMAT FOR GRANGE MEETINGS

RESOLVED, that the National Grange adopt a Grange Round Table Format

GOTO-4

VIDEO DEGREES RESOLVED, that the video recordings of the degrees be made available

through either National Grange or the respective state Granges to Subor-

consent of the Master. The Overseer will represent the Master.

NATIONAL GRANGE PRIVACY POLICY

Our Commitment to Privacy:

The National Grange Privacy Policy was developed to demonstrate our commitment to protect Grange members' personal information with the highest level of integrity in operation of our database and websites. The Policy is designed to assist you in understanding how we collect, use and safeguard the personal information you provide to us and to assist you in making informed decisions when using our website and our products and services. Please read the following to learn more about our privacy policy and how we treat personally identifiable information collected from our visitors and users.

What this Privacy Policy Covers:

This privacy policy covers The National Grange's treatment of personally identifiable information collected through The National Grange Database and the websites owned and operated by The National Grange. This privacy policy does not apply to the practices of companies that The National Grange does not own or control, or of persons that The National Grange does not employ or manage, or websites that are linked to and/or from our website nor the content contained therein.

Collection and Use of Personal Information:

The member information collected in the National Grange database will be used only for Grange purposes and supplying information and services to its membership. Any member may opt out of certain communications including: Benefit Information, NG Weekly Newsletter, New Grange, Action Alerts Newsletter, View from the Hill Newsletter, Junior Grange Information, Youth Information, Team-Speak Meetings, Press Releases, Grange Announcements, State Newsletter via their Community Grange Secretary, their State Grange, or the National Grange. The information collected will not be sold to any individual, organization, or business. Website visitors can view the National Grange site without revealing any personal information. However, The National Grange reserves the right to obtain certain personal information if you wish to purchase our products, register for a membership or event, receive The National Grange newsletter, or use certain services of the National Grange. Personal information, if obtained, may include your personal contact information and/or your

Katheryn Fulton ner if they don't come join in the fun. Renee Caldwell work accomplished. Resolutions Passed At The 2020 State Session

The following is a list of Resolutions adopted during the Colorado State Grange Session via Zoom, September 26, 2020.

GOTO-1 PRIVACY POLICY

Whereas The National Grange has a Privacy Policy in order to demonstrate its commitment to protect Grange members' personal information with the highest level of integrity in operation of its database and websites. This Privacy Policy is located on the National Grange website (see About Us, Privacy Policy) and

Whereas The Colorado State Grange does not have a privacy policy on its website and it wishes to adopt the National Grange Privacy Policy.

Therefore, be it Resolved that The Colorado Grange adopt the National Grange Privacy Policy in its entirety and post it on the Colorado Grange website.

Furthermore, if the National Grange adopts changes to its Privacy Policy in the future, then the Colorado Grange will automatically adopt the changes made at the National level. (see National Grange Privacy Policy, at left

Will be amended to fit Colorado and State Grange.

company contact information. The

National Grange will use this infor-

mation to reply to your inquiries, to

provide you with requested products

and services, to set up your member's

account, and to contact you regarding

new products, services, and member-

ship opportunities we think you will

find valuable. You may opt-out at any

time. Personal information may be

disclosed when legally compelled to

do so, in other words, when the Na-

tional Grange, in good faith, believes

that the law requires it or for the pro-

tection of the National Grange's legal

rights. By accessing the services of

The National Grange and voluntari-

ly providing us with the requested

personal information, you consent to

the collection and use of the infor-

mation in accordance with this priva-

cy policy. Confidential information

such as monetary contributions and/or

payment transactions made with the

National Grange or affiliated web-

sites are originated to a secure serv-

er (SSL) where they are then divert-

ed to PayPal for processing and there-

in subject to their respective privacy

The National Grange automatical-

ly receives and records non-personal

information on our server logs from

your browser including your IP ad-

dress, cookie information and the page

you visited. The National Grange may

Collection and Use of

Non-Personal Information:

policy.

GOTO-2 AMEND SECTION 4.10.6 (A) OF THE NATIONAL GRANGE DIGEST OF LAWS

RESOLVED, that section 4.10.6 (A) of the National Grange Digest of Laws be amended as follows:

4.10.6 Duties of Executive Committees - (A) All Granges - The duties

liability for this usage. **Information Sharing** and Disclosure:

The National Grange may share your personal information with state, local and county/district level Granges as it pertains to your membership. The National Grange may disclose your personal information to third parties who work on behalf of The National Grange to provide products and services requested by you. We will share personal information for these purposes only with third parties whose privacy policies are consistent with ours or who agree to abide by our policies with respect to personal information. The National Grange

may otherwise disclose your person-

use this information to customize the content you see and to fulfill your requests for certain products and services. However, The National Grange does not connect this non-personal data to any personal information collected from you. The National Grange allows hyperlinks to third party company websites on some of our webpages that may access their cookies on your computer. A "cookie" is a unique data set or signature deposited on a user's computer to allow faster load times and/or track interests of users. These cookies are not connected to any personal information. Third party cookie usage is subject to their respective privacy policies and The National Grange assumes no responsibility or

Grange and no longer consent to its use or disclosure as outlined herein, please notify The National Grange at .

Website Security:

Unfortunately, no data transmission over the Internet can be considered 100% secure. However, for your privacy and security, The National Grange maintains a current industrystandard SSL-encryption to protect data transmissions on our websites that require confidential information. We also safeguard your personal information from unauthorized access, through access control procedures, network firewalls and physical security measures. Furthermore the personal information obtained by the websites of the National Grange will be retained only as long as necessary to fulfill the purposes identified above or as required by law.

Changes to this Privacy Policy:

The National Grange may at any time, without notice to you and in its sole discretion, amend this policy at any time. Please review this policy periodically. Your continued use of The National Grange websites after any such amendments signifies vour acceptance thereof.

Questions or Suggestions:

If you have questions or suggestions about this privacy policy, or use of your own personal information, please e-mail us at . Adopted May 17, 2015

al information when: We have your consent to share the information for a specified purpose; We need to respond to subpoenas, court orders or such other legal process; We need to protect the personal safety of the users of our websites or defend the rights or property of The National Grange; We find that your actions on our websites violate the National Grange Website and Electronic Social Media Code of Conduct or any of our usage guidelines for specific products or services.

as an option for all Granges.

dinate/local Granges.

Consent:

By being a Grange member, you consent to your information being included in the National Grange database. If you do not consent to the distribution of email notifications sent by the National Grange or any of its affiliates, you may opt-out of these announcements and/or publications by clicking on the unsubscribe link which is included in all email notifications. You may also opt out of these announcements and/or publications via your Community Grange Secretary, vour State Grange, or the National Grange. As an individual, if you do not consent to the collection, use or disclosure of your personal information on the websites of the National Grange as outlined in this policy, please do not provide any personal information via the websites of The National Grange. If you have provided personal information to The National